

**Carlton County
Coordinator/HR Office**

301 Walnut Avenue, Rm. 214
PO Box 510
Carlton, MN 55718
Phone: (218) 384-9141
Fax: (218) 384-9196
www.co.carlton.mn.us

Carlton County

County-wide newsletter brought to you by the County Coordinator's Office

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The Carlton County Restorative Justice Program Receives the President's Award

The Carlton County Restorative Justice Program (CCRJP) has been in operation since 2010, working with at risk youth in our community. Since 2010, they have worked with hundreds of kids and their families. The impact on our community has been positive and effectively reduces recidivism. CCRJP has partnered with many agencies, organizations and schools to help improve the lives of families in our community.

CCRJP is now being recognized at the state level. Each year the Minnesota Corrections Association (MCA) recognizes outstanding programs which have a positive impact on the criminal justice system. MCA is a nationally recognized organization regarding criminal justice practices. The organization works with the State Legislature to develop effective statutes that make Minnesota safer and provides criminal justice agencies with training and consultation on best practices in criminal justice. This year MCA has selected the Carlton County Restorative Justice Program to receive it's President's Award. The President's Award is given to programs, resources or facilities working in the broad field of corrections and criminal justice, which demonstrate creativity, resourcefulness, effectiveness and innovation. The award will be presented to the CCRJP, October 28, 2017 at Grandview Lodge, Nisswa. Congratulations!



Restorative Justice and Restorative Practices volunteers and staff from left to right: Dave Perry, Donna Lekander, Ed Barkos, Laraine Mickelson, Paul Mickelson, Jeanette Olson, John Sibik, Connie Hyde, Carrie Manty, Cheri Sibik, Angela Garbett

Employee Service Awards



Greg Chapin
(Building Maintenance)
10 Years

Lacie Farmer
(Sheriff's Office)
10 Years

Robert Lucas
(Sheriff's Office)
10 Years

Joan Impola
(PHHS)
10 Years

Jan Carlson
(Recorder's Office)
30 Years

Scholarship Opportunity for Law Enforcement Students

On August 16th, Sheriff Kelly Lake of the Carlton County Sheriff's Office announced the commencement of the Law Enforcement Scholarship Program for 2017. Sheriff Kelly Lake proudly announced that the Minnesota Sheriff's Association (MSA) Board of Directors has established a scholarship fund for the awarding of coordinated efforts of the 87 Sheriffs of the State of Minnesota.

The members of MSA give special recognition to the financial needs of students attending the peace officer skills course, or one of the two or four year law enforcement degree colleges. "The Board of Directors feel peace officers in our democratic society have complex duties to perform," said Sheriff Lake. MSA recognizes the importance of pre-entry training for people considering law enforcement as their career choice. MSA recognizes some students need outside help in meeting the costs of such training, even though they excel academically.

The Scholarship Committee, in making

its selection of awards, intends on achieving representation from all geographical areas of the state. Scholarship awards will be announced by December 30th of the same year. Application forms and a statement of procedures are available at the Carlton County Sheriff's Office. Scholarships are only available to students currently enrolled in one of the following three categories:

1. Mandated POST Skills Program
2. In their second year of a two year law enforcement program.
3. In their third year or fourth year of a four year college criminal justice program.

In order to qualify, students must have completed at least one year of the two year program or two years of a four year program. Students meeting these criteria are invited to obtain a scholarship application form from their local Sheriff's Office, or online at www.mnsheriffs.org.

OSHA Safety Grant Awarded to Carlton County

As part of Carlton County's ongoing safety program improvements, Maintenance Supervisor Rob Carr made application to the OSHA workplace safety grant program. He is pleased to announce that Carlton County was successful in receiving a safety grant in the amount of \$5,260.62. The money was used to purchase new safety equipment for all county departments to include the Building Maintenance Department as well as the Transportation Department. These departments will be utilizing this equipment to aid in working safely on a daily basis. Mars Supply supported our effort by supplying onsite professional training on how to use the new equipment, as pictured. If you should see our county employees working and donning our new equipment, please take the time to thank them for their commitment to safety!!



Employee Assistance Program: More Than Many People Think

Besides the commonly understood services of the Employee Assistance Program (EAP), such as counseling for relationships, depression and anxiety, the EAP can support members' employees and officials with many other personal and workplace concerns.

Fundamentally, the EAP provides short-term professional counseling and support at no cost to officials, employees and dependents of MCIT members. The EAP is voluntary and confidential; the employer is never told whether someone uses the program or for what purpose.

To create awareness of the EAP and the variety of ways it can support staff, members are encouraged to share the following list of little-known EAP services and general EAP information with employees and officials.

Top 10 Little-known but Powerful Features of the EAP

- 1. Parent coaching:** Strategies to manage a variety of parenting challenges.
- 2. Elder care and child care referrals:** Array of information about child care searches, schools and special needs care; and information for elder care lifestyle options.
- 3. Financial counseling:** Focuses on the individual's life situation and developing an action plan that is practical, attainable and in the best interest of the person and his or her family.
- 4. Legal concerns:** Access to a single no-cost 30-minute consultation with an attorney for a variety of needs, such as family, criminal, business and civil/consumer matters.
- 5. Employee's dependents are eligible for service:** This may include spouse, domestic partner, children, children who live with the other parent, children who attend college/post-secondary school, foster children and anyone for whom the employee is the legal guardian.
- 6. Coaching and consultation for managers/supervisors:** Assistance over the phone for challenges related to supervision of other employees and workplace concerns.
- 7. In-the-moment support:** Counselors are available 24/7 for consultation with an individual to address any concerns or questions that are causing distress at the time.
- 8. Choice of where and how to work with counselors:** Counselors are available at hundreds of locations across the state, and individuals choose which provider they want to use. Counseling over the phone is also an option.
- 9. Contact EAP online:** Individuals can complete an online intake form for the initial connection with the EAP provider, Sand Creek, through its website at SandCreekEAP.com.
- 10. Specialized support:** The EAP matches individuals with counselors who are specifically qualified to assist with their circumstances; for example, deputies may be paired with counselors who have a law enforcement background.

Learn More

For more information about the Employee Assistance Program, members should visit MCIT.org/employee-assistance-program/ or contact MCIT Deputy Director Steve Nelson at snelson@mcit.org or 1-866-547-6516, ext. 6411.

Additional resources for individuals and supervisors, such as legal and financial forms and tools, videos for orientation to the EAP, frequently asked questions and newsletters are available through Sand Creek's website at SandCreekEAP.com.

(Article and photo credit: Minnesota Counties Intergovernmental Trust.)

The Employee Assistance Program ...

For All of You



Each of you may need support from time to time. The EAP is here for you and your family.

You, your spouse, your children and your dependents have access to no-cost, confidential counseling for personal concerns through your EAP:

Relationships	Depression	Loss or Grief
Career Concerns	Anxiety	Substance Abuse
Family Issues	Financial Concerns	Other Personal Concerns
Stress		

Connect with a counselor at 1.800.550.MCIT (6248) or through SandCreekEAP.com.

Your EAP is simple to use. It is confidential. It helps.

Employees, their spouse and dependents have access to counseling services statewide through their employment with an MCIT public entity member.



2017 Carlton County Board of Commissioners



Dick Brenner
Member
218.879.5572

District 1
Dick.Brenner@co.carlton.mn.us



Marv Bodie
Member
218.879.2085

District 2
Marv.Bodie@co.carlton.mn.us



Thomas Proulx
Member
218.348.4288

District 3
Thomas.Proulx@co.carlton.mn.us



Susan Zmyslony
Vice Chairperson
218.380.2170

District 4
Susan.Zmyslony@co.carlton.mn.us



Gary Peterson
Chairperson
218.380.4949

District 5
Gary.Peterson@co.carlton.mn.us

*Board meetings are held at the Transportation Building on the 2nd Tuesday of every month at 8:30 a.m. and the 4th Monday of every month at 4:00 p.m.

Carlton County Commissioners Attend AMC Fall Policy Meeting

Every fall the Association of Minnesota Counties (AMC) schedules a two day Fall Policy Planning Conference to allow county commissioners statewide to come together and begin formalizing local policy requests of our state legislatures for the following year's legislative session. Again this year all five Carlton County Commissioners were in attendance and focused both on their areas of expertise and broader policy matters.

AMC is a voluntary, non-partisan statewide organization that has assisted the state's 87 counties in providing effective county governance to the people of Minnesota since 1909. AMC works closely with the legislative and administrative branches of government in seeing that legislation and policies favorable to counties and their residents are enacted. AMC also provides educational programs, training, research and communications for local county officials.

The Fall Policy Conference provides an opportunity for county commissioners, department heads and staff from across the state to meet to discuss local issues and propose appropriate changes to the AMC policy platform and potential legislative priorities. Policy committees are adjourned on the issues of Environment & Natural Resources, General Government, Health & Human Services, Public Safety, and Transportation & Infrastructure. Each of the five Carlton County Commissioners sits on one of these five committees. Each committee is charged with identifying the policy priorities that will be presented to our state legislators in St. Paul both before and during the 2018 legislative session. As in past years, your Carlton County Commissioners were applauded by AMC as comprising one of the most dedicated boards in the state for their presence and leadership on policy issues at the fall conference. Collaboration with other Minnesota counties and AMC staff to ensure that our local needs are given careful consideration at the state level is a duty all five Carlton County Commissioners take seriously.

Now that the policy conference has concluded, the staffers at AMC will begin

to fine tune the policy issues identified as paramount at the fall conference so that those policy issues can be brought back to each AMC district at the October AMC District meetings across the state. There are ten districts in Minnesota, with Carlton County belonging to District One. District One includes Aitkin, Carlton, Cook, Koochiching, Lake, Pine, and St. Louis Counties.

Representatives from those counties will be meeting on October 12th in Chisholm, Minnesota, for the purpose of reviewing and identifying on five or six policy priorities that will then be worked on both before and at the AMC Annual Conference held in St. Cloud December 3rd – 5th. The AMC Annual Conference is a working conference where more than 600 county elected officials, department heads and staff come together to consider, discuss and vote on the important topics and trends affecting county government.

Consistent with their actions at the local and district levels, our current Carlton County Commissioners have regularly and actively participated in the policy planning meetings at the Annual Conference and will do so again this year with an eye towards working with other county commissioners from across the state to find solutions to common issues. As there are always challenges and opportunities facing counties, a focus on collaboration over new or improved ways to work is more important now than ever before. Some of the issues that will be addressed include improving federal and state funding for local transportation projects, broadband services, compelling state funding for mandated services, water rights and preservation, economic development, mental health and chemical dependency issues, and the encouragement of a more functional federal government in the area of long term funding and appropriations.

(You can follow the work done by your Carlton County Commissioners by going to the Carlton County Website at www.co.carlton.mn.us or to the AMC website at www.mncounties.org.)



Association of Minnesota Counties

Grant Received from the Minnesota State Targeted Response to the Opioid Crisis

As the heroin epidemic continues nationwide, the shortage of treatment options and the delays this can cause have been a frustrating, and sometimes deadly, barrier for people battling addiction and their loved ones. On September 6, 2017 it was announced that St. Louis County and regional partners, including Carlton County Public Health & Human Services (PHHS), received a \$675,000 grant from the Minnesota State Targeted Response to the Opioid Crisis. The grant will fund three new or expanded treatment and prevention options to help people in our region overcome this dangerous addiction. The grant is specifically focused on increasing access to treatment, reducing unmet treatment need, and reducing opioid overdose related deaths through prevention, treatment and recovery activities.

The funding has been awarded for the following:

- \$525,000 for two programs to be administered by the Center for Alcohol and Drug Treatment (CADT). This includes \$300,000 to develop a six bed opioid withdrawal unit, and \$225,000 for expanded office based opioid treatment and medication assisted treatment.
- \$94,318 to the Rural AIDS Action Network (RAAN) for expanded naloxone (Narcan) treatment.
- \$39,682 to the University of Minnesota, Duluth School of Pharmacy for expanded naloxone treatment.

Within days, CADT will begin accepting referrals to the new withdrawal unit, which is located in Duluth. It will provide initial detoxification services for people battling opioid addiction, based on referrals from regional counties and providers.

“The opioid withdrawal management unit will eliminate major obstacles to access medically supervised care in a safe environment, provide diagnostic assessment, and make direct referrals to longer-term and life-saving treatment options,” said Gary Olson, CADT executive director. “Along with our existing ClearPath Clinic and a grant-supported outpatient Suboxone clinic, CADT along with other regional treatment providers and community partners, can offer a pathway to recovery to anyone ready and willing to escape the vicious and dangerous cycle of opioid addiction.”

Grant funds will also go toward expanding naloxone treatment. The funding will cover outreach to pharmacies, specifically rural

pharmacies, and provide education and training on naloxone with the goal of increasing dispensing by 50 percent. RAAN will also expand outreach efforts in specific, under-served communities, for harm reduction strategies including naloxone training and distribution, clean syringes, HIV and Hepatitis C testing. This portion of the grant also will fund outreach and naloxone training for families of drug court participants in St. Louis and Carlton counties and at institutions of higher education to prevent opioid overdose. Further reaching, UMD School of Pharmacy and RAAN will be working in collaboration with existing area coalitions throughout St. Louis and Carlton counties to build local infrastructures composed of key community members, tribal professionals, medical professionals, public health and social service professionals to strive to reduce opioid overdose in their community.

The \$675,000 in funding is part of the total \$5.4 million awarded to the State of Minnesota through the 21st Centuries Cures Act approved by Congress last December. St. Louis County worked with Carlton County PHHS and other regional partners in applying for the grant. St. Louis County is responsible for administering the grant.

This new grant opportunity will build on the momentum already started in Carlton County to help prevent drug use/abuse locally. The Carlton County Drug Prevention Coalition exists for community members and organizations to get more involved in this effort. To get involved, or find out more information, contact Ali Mueller, Public Health Educator with Carlton County Public Health and Human Services (ali.mueller@co.carlton.mn.us).



Carlton County Committee's

Building Committee -

2nd Tuesday of the month immediately following the County Board meeting (Transportation Building -TB)

Committee of the Whole -

1st Tuesday of the month at 4:00 p.m. (TB)

Diversity Committee -

3rd Thursday of the month at 8:30 a.m. (PH&HS)

Finance Committee -

1st Tuesday of the month at 2:30 p.m. (TB)

Policy Committee -

3rd Monday of the month at 2:00 p.m. (Law Enforcement Center - LEC)

Management Team -

1st Tuesday of the month at 8:30 a.m. (TB)

Supervisors Committee -

3rd Thursday of the month at 2:00 p.m. (Varies)

Wellness Committee -

1st Wednesday of the month at 8:30 a.m. (PH&HS)

For a more detailed Carlton County Committee list [click here](#).



Are you interested in submitting an article in the next Carlton County Newsletter? Email or mail your articles and pictures by the December 22, 2017 deadline to:

Shanny Hurst
Carlton County Coordinator's Office
P.O. Box 510
Carlton, MN 55718
shanelle.hurst@co.carlton.mn.us

*Please note that all submissions are subject to editing, as needed.

Halloween Safety Tips



Everyone loves a good scare on Halloween, but not when it comes to child safety. There are several easy and effective behaviors that parents can share with kids to help reduce the risk of injury. On average, children are more than twice as likely to be hit by a car and killed on Halloween than on any other day of the year.

Walk Safely

- Cross the street at corners, using traffic signals and crosswalks.
- Look left, right and left again when crossing and keep looking as you cross.
- Put electronic devices down and keep heads up and walk, don't run, across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

Trick or Treat With an Adult

- Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without supervision, remind them to stick to familiar areas that are well lit and trick-or-treat in groups.

Keep Costumes Both Creative and Safe

- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- When selecting a costume, make sure it is the right size to prevent trips and falls.

Drive Extra Safely on Halloween

- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- Take extra time to look for kids at intersections, on medians and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Eliminate any distractions inside your car so you can concentrate on the road and your surroundings.
- Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. so be especially alert for kids during those hours.

For more information, visit www.safekids.org. (Article credit: www.safekids.org)



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