

Tools for Learning

- ◆ Excited about learning
- ◆ Seeks adult approval
- ◆ Looks at and stays focused on teacher
- ◆ Developing conversation skills
- ◆ Calls others by name
- ◆ Tries to solve problems
- ◆ Knows that it is OK to be “wrong”
- ◆ Uses equipment properly/ cleans up
- ◆ Shows respect for environment
- ◆ Listens to a story



Parent/Caregiver Resources

<http://www.helpmegrowmn.org>
<https://helpmegrowmn.org/HMG/HelpfulRes/HelpMeConnect/index.html>

Kindergarten preparedness also includes having good health habits.

Your child will feel better and enjoy learning more when he/she . . .

- ◆ Gets plenty of physical exercise (including outdoor play)
- ◆ Has sufficient rest/sleep (10 to 13 hours per 24 hours, including naps)
- ◆ Eats healthy foods and drinks plenty of water
- ◆ Has regular well-child and dental visits
- ◆ Has updated immunizations
- ◆ Knows and follows basic safety rules

Important Tips for Parents to help their children be successful in school.

*Read, READ, READ

to your child every day!

*Talk, TALK, TALK

to your child about what they are seeing and doing!

*Listen, LISTEN, LISTEN

MINNESOTA EARLY CHILDHOOD



INITIATIVE

a campaign for our youngest children

Funded in part by the Carlton County Children’s Mental Health and Family Services Collaborative and the CHILD Network.

Supporting a Successful Start to Kindergarten



A list of skills your child can work on as they prepare to transition to kindergarten. Developed by Early Childhood staff, Kindergarten Teachers, and Elementary Principals in Carlton County. Contact your local School District for more information.

Preparing for kindergarten means helping your child develops skills like. . .

Large Motor Skills

- ◆ Walk, run & jump
- ◆ Walk up & down stairs
- ◆ Stand on one foot
- ◆ Toss & catch a variety of objects



Fine Motor Skills

- ◆ Use scissors, pencils and crayons with control
- ◆ Plays with small objects such as legos, beads, buttons, snaps, and lacing

Math Skills

- ◆ Play board & card games (Uno, Candyland, Don't Break the Ice, Chutes and Ladders, Memory)
- ◆ Know the difference between numbers and letters
- ◆ Name basic colors, shapes & numbers 0-9
- ◆ Start to sort, pattern & sequence objects
- ◆ Count out 10 items



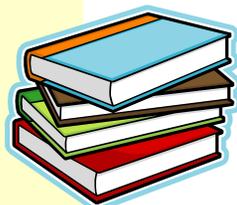
Reading/Language Skills

- ◆ Follow 2-3 step directions
- ◆ Play with rhyming words (make up or rhyme with you)
- ◆ Recognize the letters of their name
- ◆ Begin to connect printed words to language
 - * Tell a story by looking at pictures in a book
- ◆ Retell stories
- ◆ Handle and care for a book properly
- ◆ Listen to a story
- ◆ Make up or "write" own story



Creative Skills

- ◆ Express him/herself through
 - * Music/dance
 - * Imaginative play/pretending
 - * Drawing, painting, playdough, and other forms of art media
 - * Blocks & building
 - * Tell a story using pictures



To help your child be prepared for kindergarten, he/she should work on:

Personal/Social/Emotional Skills

- ◆ Separate from parent
- ◆ Show self control, accept "no"
- ◆ Use words to express feelings
- ◆ Show respect for others/property
- ◆ Take care of personal needs
- ◆ Care for own belongings
- ◆ Participate in small and large group activities (play with others, sit in circle time)
- ◆ Talk about experiences outside the home (parks, zoo, fire station, library)
- ◆ Speak clearly so any adult can understand
- ◆ Say and recognize first name & know parents'/caregivers' first names
- ◆ Name parts of the body
- ◆ Tell their gender
- ◆ Change from one activity to another easily
- ◆ Understand personal space (keep hands to self)

